

# MPE WEEKLY UPDATE

MARCH 19, 2021

## Weekly Round Up

What an exciting week we had at MPE! Our Kindergarten, 1st and 2nd graders, who chose in person learning, began attending school five days a week. For some students, it was their first time in the building this school year! It was so great to see all those happy faces coming through the doors. The PTA added to the festive theme by donating blue and white balloon bouquets and signs for our front lawn.



## Travel Guidance Reminders for Spring Break

***Please call or email the school nurse, Mrs. Cullen, with return to home dates so that she can discuss with you a timeline of possible test dates and/or return to in person dates.***

- There is no quarantine required if you travel to New York, Pennsylvania, Connecticut or Delaware.
- If you travel to any other state, or out of the country, the required quarantine is now 10 days from the return date, resuming your activities on day 11.
- You can choose to test and potentially shorten quarantine to 7 days from return date, resuming your activities on day 8. For this to happen, you must have a PCR test performed on return day 3, 4, or 5. In addition, you must provide documentation of a negative test result.

If you have any questions or concerns, please contact Mrs. Cullen.

## Friendly Reminders from the School Nurse

- Please send your child with a water bottle.
- Masks should be worn firmly over your nose, cheeks , mouth and completely covering your chin.
- Please contact Mrs. Cullen at 973-535-8000 ext 8142 or email [mcullen@livingston.org](mailto:mcullen@livingston.org) , if you are traveling or plan to travel so we can discuss travel guidelines and return to in person learning dates .
- I am here for you **ALWAYS**,

Marianne Cullen

## Dismissal Information

### MPE Dismissal Times and Locations - Effective March 15, 2021

**12:30 Kindergarten - Door #15** - (Door closest to front playground)

### **12:35 1st, 2nd, and 5th grades**

- **1st grade - Door #1** - (front of building)
- **2nd grade- Monaco and Mount - Door #14** (side of building, second exit door)

Chen/Cognetti - **Door #12** (back of building past Door #17)

- **5th grade- Carlin and Darst - Door #14** (side of building, second exit door)

Barbag - **Door #17** (second door in the back of the building, right next to the fields)

### **12:40 3rd and 4th grades**

- **3rd grade - Door #14** (side of building, second exit door)
- **4th grade - Door #13** (1st exit in the back of the building in the corner)



Check out this Video from our District Media Specialists!

"Our Diverse Collection"

<https://www.youtube.com/watch?v=7Jh8STZvInM>

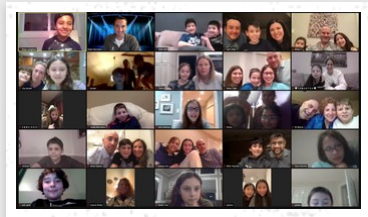
## Create Comics with Dav Pilkey

A global classroom event! **March 22, 2021 1:00 p.m.**

Join author and illustrator Dav Pilkey and a team of teachers for a free event that will spark readers' imagination! Together, kids from around the world will create their own comic inspired by Dog Man, Cat Kid Comic Club, and Captain Underpants!

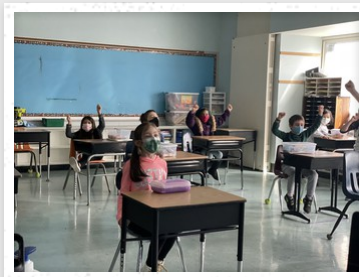
Click on the link below for more information and to register.

<https://www.scholastic.com/teachers/teaching-tools/articles/literacy/reading-superpowers.html>



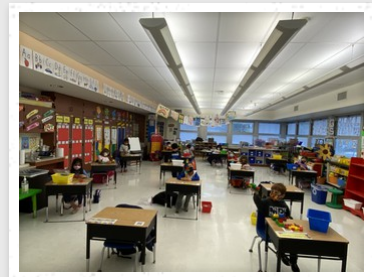
### Family Trivia Night

Thank you to our very generous MPE PTA and to our teachers who attended!



### First day in Spanish

First grade enjoying a Roomies vs. Zoomies Jeopardy game where they had to choose the animal that matched the description in Spanish. The roomies were celebrating a correct answer!



### Indoor Recess with Mrs. Fiore's class

## Trivia Nights Were a Huge Success!

Thank you to our wonderful PTA for arranging Trivia Nights for our students last week. A fun time was had by all!

## Art Appreciation with Our Parent Volunteers Leading the Way

The Art Appreciation Committee was excited to launch and bring back Art Appreciation virtually starting in January. All classes will have 1-2 artists presented by parent volunteers on

assigned artists for each grade. Via a zoom slideshow about the artist, the children will learn about art as they participate in a project that represents the assigned artist's uniqueness and individual style. From Walt Disney to Picasso our children are being enriched and exploring the world through their love of art.

*Every Child is an Artist -Pablo Picasso-*

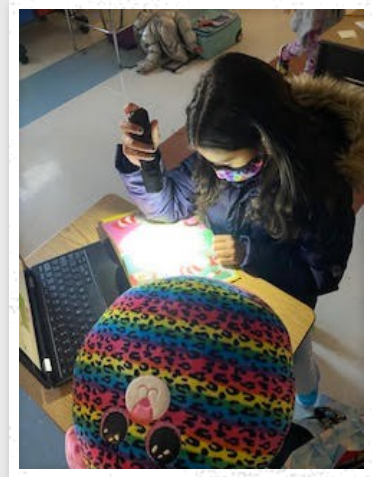


## **HAPPY LAST DAYS OF WINTER!!!!**

Planning for the Rest of Year.....

As you evaluate the school year so far, there are a few questions I would like you to ask yourself. Do you have a predictable daily family schedule that involves limited electronics,

regular bedtimes, and healthy meals? Children thrive on structure. I recommend that students pick out their clothes and pack their snacks the night before. Is your child reading for AT LEAST 20 minutes a day? Do they know where their materials are located and are they organized in a way that makes them easily accessible? Please reach out to me or Mrs. Kelner if you have any questions or need help with the above. These are habits that will last a lifetime. Additionally, we are continuously reassessing our instructional practices. Please take a moment to give us your feedback as well on the survey: [Parent Midyear Check-in](#).



## Afternoon Activities

See the attached document for afternoon activities for March 22-March 26



Afternoon Activities 3\_22-3\_26 - Sheet1 (1).pdf

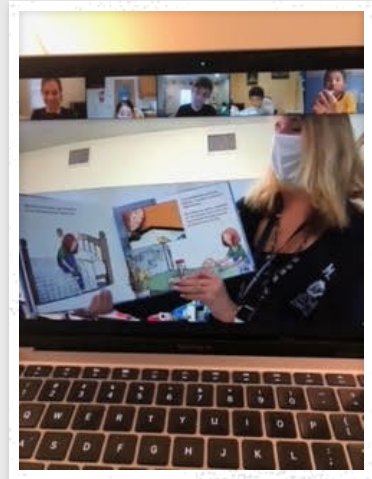
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MPE PROUD!!!



WOMEN'S  
HISTORY MONTH  
ASSEMBLY NEXT  
WEEK



GUEST READER  
FOR OUR LUCKY  
LUNCH WINNERS  
FROM THE PTA

## Upcoming Events

March 26 - Pajama Day

March 29 - April 2 - Schools closed for Spring Break

April 14 - Community Meeting #3

Spirit Day

April 20 - Bingo Night - outside MPE weather permitting or virtual - 6:00 - 7:00 p.m.

April 22 - Earth Day

April 28 - MPE Color Runs - MPE/MPM fields - 3:00 - 5:30 p.m.

May 13 - Multicultural Night - outside 5:30 - 7:30 p.m.

May 26 - Sports Night - outside - 6:00 - 8:00 p.m. possible kickball games - grade 5 versus staff.

## Let's Stay Healthy! By: Samara Campbell, Serena Campbell, and Janna Millman

Now more than ever staying healthy is important. We need to make sure we are eating our fruits and vegetables and exercising. We also need to make sure that we are drinking enough water each day. There are many ways we can take charge of our lives to stay healthy.

Eating healthy foods helps you to maintain your weight. Foods that are not full of sugar and fat give you more energy and help you to keep a positive mood. Vitamins from foods like oranges, strawberries, bananas, and grapes help to boost our immune systems so we don't get colds and the flu. Eating vegetables including spinach, broccoli, carrots, and corn helps your brain to focus.

There are great ways we can get outdoors to exercise now that spring is almost here. If you have a pet take him or her for a long walk. Go for a hike with your family and notice all of the various animals and plants in nature. Ride your bike with your friends, kick a ball around your backyard, or jump on a trampoline.

A very important part of staying healthy is staying hydrated. Always carry a refillable water bottle with you to school and when doing physical activities. Drinking water helps to keep you refreshed and ready to tackle the day.

Make sure to stay healthy and safe. Learn, be kind to your teachers and classmates, and have fun. Go Lions!

## What is... The Spring Equinox? By: Caroline Li

The Spring Equinox takes place on Saturday, March 20th. The Spring Equinox marks the astronomical start of spring, or when the sun's rays are shining directly on the equator. (The equator is the invisible line in the middle of the earth, it goes around the earth. Places that are nearer to the earth are warmer.)

Some fun facts are:

1. The word **equinox** means "equal night" in Latin
2. During extreme tides—usually after a new or full moon—waves known as "tidal bores" can pop up in rivers. The biggest and most surfable tidal

## By: Shubhada Bhoyar, 5th grader

Hi and welcome back to the Poem Section of our MPE Weekly Update! This week's poem is something new that I've been planning for a LONG time and I am really excited to share it with you! I am going to narrate a story to you using a poem! What I mean by this is that I will be making a story in my mind, but instead of writing a book, I will be writing it in a poem. So, let's see this week's poem called *The White-and-Black-Eyed Boy*.

### The White-and-Black-Eyed Boy

"No," said the man  
Who owned a nearby fruit stall.  
"No," said the woman  
Who sold umbrellas in the mall.

And so I walked home  
Feeling gloomy and bad.  
"I will never get a job because of my eyes,"  
I sobbed to my dad.

And for the first time  
Anger loomed inside me  
Waving, shaking  
With all the force there could possibly be.

But then Sadness blocked Anger,  
And flurried like a river.  
Calm but sad.  
I knew that Sadness would soon drive me mad...

Sadness swished away,  
And in came Fear,  
Fear of the world,  
Fear was not the pleasant sound to the ear.

My father walked me home,  
Whispering and saying  
"Don't worry son,  
You will get a job. Hope for it."

And so hope arrived,  
Through the golden double doors of pride.  
It shined through me,  
And I felt like a buzzing bee!

Hope's sister, Pride  
walked to the center,  
And waved to me  
As if I were her brother.

And finally,  
The last emotions came through.  
Happiness and Joy jumped together,  
And made me feel so, so much lighter.

And so the next day  
I woke up,  
And I looked out the window.  
And suddenly, I saw... All of the colors!

I didn't  
see only  
Black and white.  
I saw red,  
And yellow, and green in my sight!

And so this is my story



Of me, the white-and-black-eyed boy.  
Remember: let your emotions flow.  
And you will soon feel lighter. Trust me, I know.

